

XIMENA PAREDES ROBREDO

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EDUCATION

August 2026 – Present	Masters Family & Couples Therapy Human Development and Family Science, Auburn University
September 2020- April 2024	Honours B.A Psychology Research Stream Department of Psychology, Brock University GPA 3.84 Thesis: <i>Object of Desire Self-Consciousness (ODSC) in Language: An examination of gender in English and Spanish books.</i> Supervisor: Dr. Anthony F. Bogaert

AWARDS & HONORS

2020-2024	Brock Leaders Citizenship Society – Awarded for leadership and community involvement.
2021-2024	Brock University Golden Key – Academic honor for ranking in the top 10% of the faculty.
2023-2024	Academic Excellence Award – Awarded for excellent grades while competing as a varsity athlete.
2021-2023	Brock University International Student Ambassador – Awarded for contributions as an international student leader and mentor.
2022-2023	Brock Returning Scholars Award Dean’s Honour List – Recognized for outstanding academic achievement.
2018-2020	National Honor Society (NHS) – Recognized for leadership, dedication to academics, service and integrity.

RESEARCH CONTRIBUTIONS

Publications

Robredo, X. P., Andrews, N., & Dawes, M. (2025). Does It Hurt More To Be Called “Gay” or “Pizza Face”? Gender Differences in Teasing Content and Associated Harm. *Archives of Sexual Behavior*, 54(10), 4045–4060. <https://doi.org/10.1007/s10508-025-03302-3>

Unpublished Undergraduate Thesis

Paredes Robredo, X., & Bogaert, T. (2024). Object of desire self-consciousness (ODSC) language: An examination of gender in English and Spanish Books. *Brock University, St. Catharines, ON*

Poster Presentations

Paredes, Robredo, X., Pielt, G.A., & Andrews, N. (2024, June 20–23). *Does it hurt more to be called “gay” or “pizza face”: Gender differences in teasing content and associated harm* [Poster presentation]. Canadian Psychological Association Conference, Ottawa, ON, Canada.

Fendler, V., Robredo, X. P., & Andrews, N. (2026, July 20-23). *Laughing through the pain: The social ambiguity of “playful” teasing* [Conference presentation]. ISRA 2026 World Meeting, St. Catharines, ON, Canada.

RESEARCH EXPERIENCE

Graduate Research Assistant

Play Lab Auburn University

Aug 2026- Present

Primary Investigator: Dr. Silvia L. Vilches

Developing a research framework to analyze children’s use of outdoor play environments, examining how environmental features and spatial design afford different forms of play and social interaction.

Research Assistant

Relations Lab Brock University

April 2023- September 2025

Primary Investigator: Dr. Naomi Andrews

Conducted research on gender differences in teasing experiences and their positive and negative effects; mastered the Deedose coding platform to efficiently code qualitative data; analyzed data and generated manuscripts based on research findings.

Research Assistant

Diversity and Inclusion Lab Brock University

April 2023- May 2025

Primary Investigator: Dr. William Hall

Contributed to research projects about diversity and inclusion in the workplace. This involved being proficient in using Prolific to design, launch, and manage surveys and experimental studies, leveraging the platform’s capabilities to optimize participant recruitment, ensure data quality, and support rigorous research outcomes.

Research Assistant/Honours Student

Human Sexuality Lab Brock University

January 2023- May 2025

Primary Investigator: Dr. Anthony F. Bogaert

Collaborated on a project examining self-consciousness in “objects of desire” across English and Spanish literature; analyzed Google Ngram data and conducted SPSS analyses to identify linguistic patterns and trends.

Lab Manager and Research Assistant

Face Perception Lab Brock University

September 2023- April 2024

Primary Investigator: Dr. Cathy Mondloch

Led participant recruitment and managed lab operations for studies on face perception across the lifespan, including children, young adults, and older adults; conducted hands-on participant testing to examine children’s ability to distinguish playful vs. non-playful gestures and to assess age-related differences in the speed of similarity judgments, ensuring high-quality data collection and reliable research outcomes.

Research Assistant

Primary Investigator: Dr. Wendy Portillo

Universidad Nacional Autónoma de México

January 2019- May 2019

Augmented communication and research skills by systematically recording observable behaviors and patterns; conducted experiments using the rotarod, conditioning paradigms, and operant conditioning boxes to investigate differences between pleasurable and forced exercise in rodents.

RESEARCH & SOFTWARE SKILLS

Software

Excel, Word, PowerPoint, Canva, SPSS, Dedoose, R.

Research Tools

Prolific, Qualtrics, Testable.

Languages

English, Spanish.

PROFESSIONAL & COMMUNITY SERVICE

Family Focus Intern

Mt. Meigs, Auburn, AL

August 2026- Present

Co-facilitated therapeutic groups for juvenile sexual offenders addressing consent, healthy sexuality, boundaries, and interpersonal relationships. Worked collaboratively with youth and their families to develop individualized goals and strategies supporting family reunification and community reintegration.

Social Media and Mental Health Volunteer

Hablemos del Tema, Mexico City, Mex

February 2026- May 2026

- Created social media campaigns centered on mental health education, awareness, and community engagement.
- Contribute to clinical documentation and case discussions under supervision.

Recreational Therapist & Coordinator

Affinity Care, Minneapolis, MN

June 2025- December 2025

- Developed and implemented individualized treatment plans in collaboration with interdisciplinary healthcare teams.
- Managed staff schedules, resources, and clinical documentation to maintain organized service delivery.
- Served as a liaison between staff, supervisors, and leadership to support communication and program implementation.

Crisis Responder Volunteer

September 2024- May 2025

Kids Help phone, Canada ON

- Provided crisis intervention and emotional support.

Child and Youth Volunteer

February 2025- May 2025

Gillians Place, St. Catharines ON

- Developed and implemented engaging activities to support children's growth, learning, and overall well-being.

Community Programs Team Member

YMCA of Niagara, St. Catharines ON

October 2024- May 2025

- Organized recreational and educational activities for diverse age groups.
- Worked with teams to deliver community services and foster youth engagement.

Camp Counsellor

YMCA of Niagara, St. Catharines ON

May 2024- September 2025

- Generated recreational activities for children with diverse mental health needs to enhance their development and social skills.

Peer Health Educator/ Mental Health Lead

Student Wellness and Accessibility Center, St. Catharines ON

September 2021- April 2024

- Developed mental health campaigns and provided student support.

Smart Start Assistant*Recruitment Brock University, St. Catharines ON*

May 2022-September 2022

- Enhanced organizational and communication skills by guiding incoming students, revising schedules, and answering questions about first-year university life.

Peer Mentor*Student Life and Success Brock University, St. Catharines ON*

August 2021- October 2022

- Enhanced connections with students living off campus by introducing services around the school to ensure students transition smoothly to university.

Child Support & Integration Volunteer*Centro de Apoyo Marista al Migrante, Queretaro, Mexico*

March 2020- September 2021

- Facilitated interactive activities to support the social, emotional, and cultural integration of immigrant children and youth.

Community Volunteer “el Obraje”*El Obraje, Queretaro Mex*

November 2018- September 2020

- Promoted community development and autonomy through education and mentorship.

CERTIFICATES

Certification of Completion	October 2023
Panel of Research Ethics	
Certification of Completion	September 2023
Montreal Cognitive Assessment Training	
Certification of Completion	September 2022
Pledge of Confidentiality Personal Health Information (FIPPA & PHIA)	

PROFESSIONAL DEVELOPMENT**Workshops**

- Naloxone (NARCAN) Administration Training presented through Affinity Care MN, July 2025
- Non-Violent Crisis Prevention Training presented through YMCA of Niagara, March 2025
- Leadership Summit through Motivate Canada, February 2022
- Applied Suicide Intervention Skills Training Workshop presented through Brock University, March 2022
- Safe Talk presented through Brock University, September 2021
- Standard CPR + CPR-C + AED/ Naloxone training presented through St. John Ambulance Saint Jean, March 2024

PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy	2026
Student Affiliate	
Canadian Psychological Association	2023
Student Affiliate	
American Psychological Association of Marriage and Family Therapy	2026
Student Affiliate	

PRESENTATIONS & MEDIA ENGAGEMENT

Podcasts

Let's Talk Brock: [*Starting Fresh: The changes from Mexico to Canada as an International Student*](#)

Brock University, St. Catharines, ON

January 24, 2023

Discussed the challenges and growth of transitioning from Mexico to Canada as an student.

Media Articles

Brock News: [*Discovering the support of Brock's global community*](#)

Brock University, St. Catharines, ON

March 2021

Contributed personal perspectives on how Brock's global community supports international students, highlighting shared experiences, campus resources, and cross-cultural engagement.