**CURRICULUM IN NUTRITION Option: Wellness (NTWE)**

Department of Nutrition, Dietetics and Hospitality Management, College of Human Sciences, Auburn University, AL

<table>
<thead>
<tr>
<th>UNIVERSITY CORE CURRICULUM</th>
<th>Required NTRI Major Core</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ENGL 1100 English Composition I</strong></td>
<td><strong>NTRI 2010 Basic Sports Nutrition</strong></td>
</tr>
<tr>
<td><strong>ENGL 1120 English Composition II</strong></td>
<td><strong>NTRI 2070 Careers in Nutr., Dietetics &amp; Wellness</strong></td>
</tr>
<tr>
<td><strong>MATH 1150 Pre-Calculus Algebra &amp; Trigonometry</strong></td>
<td><strong>NTRI 3560 Experimental Study of Foods</strong></td>
</tr>
<tr>
<td><strong>CHEM 1030 &amp; CHEM 1031 Fund. of Chemistry I</strong></td>
<td><strong>NTRI 3750 Nutrition Education</strong></td>
</tr>
<tr>
<td><strong>CHEM 1040 &amp; CHEM 1041 Fund. of Chemistry II</strong></td>
<td><strong>BCHI 3180 Nutritional Biochemistry</strong></td>
</tr>
<tr>
<td><strong>Social Sciences - 12 Hours</strong></td>
<td><strong>NTRI 4620 Public Health Nutrition</strong></td>
</tr>
<tr>
<td>Core History 1: ___________</td>
<td><strong>NTRI 4820 Macronutrients</strong></td>
</tr>
<tr>
<td>Core History 2: ___________</td>
<td><strong>NTRI 4830 Vitamins and Minerals</strong></td>
</tr>
<tr>
<td>PSYC 2010 Introduction to Psychology</td>
<td><strong>NTRI 5100 Nutrition in Disease Prevention</strong></td>
</tr>
<tr>
<td>Social Science Core: ___________</td>
<td><strong>NTRI 5820 Nutrition in the Life Cycle</strong></td>
</tr>
<tr>
<td><strong>Core Humanities - 12 Hours</strong></td>
<td><strong>UNIV 4AAO-HS1 Undergraduate Graduation</strong></td>
</tr>
<tr>
<td>Core Literature: ___________</td>
<td><strong>PROFESSIONAL ELECTIVES (choose 17 hours)</strong></td>
</tr>
<tr>
<td><strong>COMM 1000 Public Speaking</strong></td>
<td><strong>17</strong></td>
</tr>
<tr>
<td><strong>PHIL 1030 Ethics and the Health Sciences</strong></td>
<td><strong>3</strong></td>
</tr>
<tr>
<td>Core Fine Arts: ___________</td>
<td><strong>2</strong></td>
</tr>
<tr>
<td><strong>REQUIRED HUMAN SCIENCES CORE</strong></td>
<td><strong>9 SEM.</strong></td>
</tr>
<tr>
<td><strong>KINE 3400</strong></td>
<td><strong>KINE 3680</strong></td>
</tr>
<tr>
<td><strong>CADES 2000 Global Consumer Culture</strong></td>
<td><strong>3 SEM.</strong></td>
</tr>
<tr>
<td><strong>HDFS 2000 Marriage &amp; Family in a Global Context</strong></td>
<td><strong>KINE 4450</strong></td>
</tr>
<tr>
<td><strong>NTRI 2000 Nutrition and Health</strong></td>
<td><strong>3 SEM.</strong></td>
</tr>
<tr>
<td><strong>REQUIRED SUPPORTING COURSES</strong></td>
<td><strong>COMM 2410</strong></td>
</tr>
<tr>
<td><strong>BIOL 1020 Principles of Biology</strong></td>
<td><strong>3 SEM.</strong></td>
</tr>
<tr>
<td><strong>KINE 1100 or 1103 Wellness</strong></td>
<td><strong>COMM 3100</strong></td>
</tr>
<tr>
<td><strong>BIOL 2500 Human Anatomy and Physiology I</strong></td>
<td><strong>COMM 3110</strong></td>
</tr>
<tr>
<td><strong>BIOL 2510 Human Anatomy and Physiology II</strong></td>
<td><strong>3 SEM.</strong></td>
</tr>
<tr>
<td><strong>CHEM 2030 Survey of Organic Chemistry</strong></td>
<td><strong>JRNL 1100</strong></td>
</tr>
<tr>
<td><strong>ENGL 3040 Technical Writing</strong></td>
<td><strong>JRNL 2210</strong></td>
</tr>
<tr>
<td><strong>STAT 2510 Stat. for Biological and Health Sciences</strong></td>
<td><strong>JRNL 3220</strong></td>
</tr>
<tr>
<td><strong>Free Electives</strong></td>
<td><strong>HDFS 2010</strong></td>
</tr>
<tr>
<td><strong>6 SEM.</strong></td>
<td><strong>3 SEM.</strong></td>
</tr>
</tbody>
</table>

**124 Semester Hours**

**University Core Notes:** Students in the Honors College may take equivalent honors courses. Students may take online versions of courses.

Literature options: ENGL 2200, 2210, 2230, 2240, 2250 or 2260

History options: HIST 1010 and 1020 or 1210 and 1220

Social Science options: ANTH 1000, GEOG 1010, POLI 1050, POLI 1090, SOCY 1000, UNIV 2720, SUST 2000

Fine Arts options: ARCH 2600, ARTS 1510, 1710, 1720, 1730, MUSI 2730, 2740, 2750, MDIA 2350, ENVFD 2040, THEA 2010

**College and Department Notes:**

Required major courses and College core courses are in bold. Grades in these courses are used to calculate the GPA in the major and to meet graduation standards.

All Human Sciences majors are required to have a laptop. Please refer to the CHS website for specifications.

1Seniors must register for UNIV 4AAO-HS1 the term they plan to graduate (non-credit class for clearing graduation).

2 Other Professional Electives as approved by the Department Head may be taken.
### Fall Semester

- **CHEM 1030** Fundamentals of Chemistry I: 3
- **CHEM 1031** Fundamentals of Chemistry I Lab: 1
- **ENGL 1100** English Composition I: 3
- **HISTORY** Core History I: 3
- **MATH 1150** Pre-Calculus Algebra & Trigonometry: 4
- **PSYC 2010** Introduction to Psychology: 3

**TOTAL:** 17

### Spring Semester

- **Biol 1020** Principles of Biology: 4
- **CHEM 1040** Fundamentals of Chemistry II Lab: 1
- **ENGL 1120** English Composition II: 3
- **HISTORY** Core History II: 3
- **NTRI 2000** Nutrition and Health: 3

**TOTAL:** 17

### Sophomore Year

#### Fall Semester

- **Biol 2500** Human Anatomy and Physiology I: 4
- **Social Science Core** Core Literature: 3
- **LITERATURE** Core Literature: 3
- **NTRI 3560** Experimental Study of Foods: 4
- **FINE ARTS** Fine Arts Core: 3

**TOTAL:** 17

#### Spring Semester

- **Biol 2510** Human Anatomy and Physiology II: 4
- **CHEM 2030** Survey of Organic Chemistry: 3
- **COMM 1000** Public Speaking: 3
- **CADS 2000** Global Consumer Culture: 3
- **NTRI 2070** Careers in Nutr. Dietetics & Wellness: 1

**TOTAL:** 14

### Junior Year

#### Fall Semester

- **BCHE 3180** Nutritional Biochemistry: 3
- **Professional Electives:** 2
- **NTRI 2010** Basic Sports Nutrition: 3
- **Free Electives:** 2
- **PHIL 1030** Ethics and the Health Sciences: 3

**TOTAL:** 13

#### Spring Semester

- **KINE 1100/1103** Wellness: 2
- **ENGL 3040** Technical Writing: 3
- **STAT 2510** Stats. for Biol and Health Sciences: 3
- **NTRI 3750** Nutrition Education: 2
- **NTRI 4820** Macronutrients: 3
- **NTRI 4830** Vitamins and Minerals: 3

**TOTAL:** 16

### Senior Year

#### Fall Semester

- **HDFS 2000** Marriage and Family in Global Context: 3
- **NTRI 4620** Public Health Nutrition: 3
- **NTRI 5820** Nutrition in the Life Cycle: 3
- **Professional Electives:** 6

**TOTAL:** 15

#### Spring Semester

- **NTRI 5100** Nutrition in Disease Prevention: 2
- **Professional Electives:** 9
- **Free Electives:** 4
- **UNIV4AA0** HS1 Undergraduate Graduation: 0

**TOTAL:** 15

### Total: 124 Semester Hours

**University Core Notes:** Students in the Honors College may take equivalent honors courses. Students may take online version of courses.

- Literature options: ENGL 2200, 2210, 2230, 2240, 2250 or 2260
- History options: HIST 1010 and 1020 or 1210 and 1220
- Social Science options: ANTH 1000, GEOG 1010, POLI 1050, POLI 1090, SOCY 1000, UNIV 2720, SUST 2000
- Fine Arts options: ARCH 2600, ARTS 1510, 1710, 1720, 1730, MUSI 2730, 2740, 2750, MDIA 2350, ENVD 2040, THEA 2010

**College and Department Notes:**

Required major courses and College core courses are in bold. Grades in these courses are used to calculate the GPA in the major and to meet graduation standards.

All Human Sciences majors are required to have a laptop. Please refer to the CHS website for specifications.

1. Seniors must register for UNIV 4AA0-HS1 the term they plan to graduate (non-credit class for clearing graduation).
2. Other Professional Electives as approved by the Department Head may be taken. See list on page 1 of curriculum guide.