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Family & Consumer Sciences
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EDUCATION

- 1997 Ph.D. Iowa State University – Ames, Human Development & Family Studies
Specialization: Life Span Studies
Dissertation: *Stress, Relationships, Distress, & Well-being in High School Seniors.*
- 1994 M. S. Iowa State University – Ames, Human Development & Family Studies
Minor: Gerontology
Thesis: *A Family Resource Management Approach to Satisfaction with Personal Life & Financial Situation in Retirement.*
- 1991 B. A. Washington State University – Pullman, Sociology
Minor: Child & Family Studies

POSITIONS

- 2015 – Present Assistant Dean & Assistant Director
Family & Consumer Sciences
College of Human Sciences
Auburn University
Auburn, Alabama
www.aces.edu
- 2014 – Present Project Director
Military Families Learning Network
DoD/USDA Military Families Partnership
www.eXtension.org/militaryfamilies
<http://blogs.eXtension.org/militaryfamilies>
- 2014 – 2015 Director
Chez Family Foundation Center for Wounded Veterans in Higher Education
College of Applied Health Sciences
University of Illinois at Urbana-Champaign
Champaign, Illinois
<http://woundedvetcenter.ahs.illinois.edu/>

- 2010 – 2104 National Project Leader
Military Families Learning Network
DoD/USDA Military Families Partnership
www.eXtension.org/militaryfamilies
<http://blogs.eXtension.org/militaryfamilies>
- 2007 – 2010 Family Life Extension Specialist
Intergenerational Programming
Faculty Appointment
Coordinator Certified Family Life Education Program
Human Development & Family Studies
Iowa State University
Ames, Iowa
- 2006 – 2007 Assistant Professor of Human Development
Coordinator, Child Development Major
Coordinator Certified Family Life Education Program
Family & Consumer Sciences
University of Wyoming
Laramie, Wyoming
- 1999 – 2006 Assistant/Associate Professor of Family Services
Director, Gerontology Program
School of Applied Human Sciences
University of Northern Iowa
Cedar Falls, Iowa
- 1997 – 1999 Assistant Professor of Family Studies
Director, Family Studies Program
The University of Arizona South
Sierra Vista, Arizona
♦ Joint appointment with main campus (Tucson)

RESEARCH & SCHOLARSHIP ACTIVITIES

PEER REVIEWED PUBLICATIONS

- Kostelecky, K. L., & Lempers, J. D. (2010). The relationship of family, friends, substance use, and delinquency in rural older adolescents. *Adolescent & Family Health, 4*(4), 171-181.
- Kostelecky, K. L. (2009). *Connections between grandmothers and their granddaughters*. [On-line – eXtension]. Retrieved from <http://www.extension.org/pages/18883/connections-between-grandmothers-and-their-granddaughters>
- Cameron, B. A., Morgan, K., Williams, K. C., & Kostelecky, K. L. (2009). Group projects: Student perceptions of the relationship between social tasks and a sense of community in online group work. *The American Journal of Distance Education, 23*(1), 20-33.

- Kostelecky, K. L. (2008). *Family caregiving and rural life*. [On-line – eXtension]. Retrieved from http://www.extension.org/pages/Family_Caregiving_and_Rural_Life
- Kostelecky, K. L. (2005). Brief Report: Parental attachment, academic achievement, life events, and their relationship to alcohol and drug use during adolescence. *Journal of Adolescence*, 28(5), 665-669.
- Kostelecky, K. L., & Hoskinson, M. J. (2005). A “novel” approach to motivating students. *Education*, 125(3), 438-442.
- Kostelecky, K. L., & Bass, B. L. (2004). Grandmothers and their granddaughters: Connected relationships. *Journal of Intergenerational Relationships: Programs, Policy, & Research*, 2(1), 47-61.
- Bass, B. L., Barnes, H. L., Kostelecky, K. L., & Fleming, W. M. (2004). Service learning and portfolios: Enhancing the scholarship of integration and application. *Journal of Teaching in Marriage and Family: Innovations in Family Science Education*, 4(1), 79-99.
- Kostelecky, K. L., & Lempers, J. D. (1998). Stress, family social support, distress, and well-being in high school seniors. *Family and Consumer Sciences Research Journal*, 27, 125-145.
- Hira, T. K., & Kostelecky, K. L. (1995). Methods of data collection from debtors in bankruptcy after discharge: A pilot study. Family Economics and Resource Management Biennial. *The Journal of the Family Economics Resource Management Division of the American Association of Family and Consumer Sciences*, 1, 101-108.
- Hira, T. K., Swift, A., & Kostelecky, K. L. (1994). Development of a diagnostic instrument to identify family problems among financial counseling clients. In R. H. Lytton (Ed.), *Proceedings from Public Policy and Economic Well-Being: The Financial Counselor's Role* (pp. 38-53). Blacksburg, VA: Virginia Polytechnic Institute and State University.

Other Publications

- Kaplan, M., Forthun, L. F., Kostelecky, K. L., Nichols, A., Johnston, J. H., Corbin, M., Elrod, B., & Crocoll, C. E. (2008). *Rationale and recommendations for strengthening the intergenerational agenda within Cooperative Extension*. U.S. Department of Agriculture, Cooperative State Research, Education, & Extension Service, Washington, DC.
- Kostelecky, K. L. (2007, Fall). One thing leads to another: Research on aging informs Family Extension programming. *Adult Development & Aging News, Division 20, Adult Development & Aging, American Psychological Association*, 35(3).
- Bass, B. L., Barnes, H. L., Kostelecky, K. L., & Fleming, Wm. M. (2004). Service learning and portfolios: Enhancing the scholarship of integration and application [Abstract]. *Kappa Omicron Nu Forum*, 15(2), 107-108.
- Hira, T. K., & Kostelecky, K. L. (1995). Pilot study of consumer debtors provides new insights: What influences debtors' attitudes? *American Bankruptcy Institute Journal*, 14(3), 1, 30-31, 36-37.

GRANTS

Extramural

Kostelecky, K. L., & Baughman, S. (2016). *Military Families Learning Network*. United States Department of Agriculture, National Institute of Food and Agriculture, \$1,986,885. *Funded*.

Kostelecky, K. L., & Baughman, S. (2015). *Military Families Learning Network*. United States Department of Agriculture, National Institute of Food and Agriculture, \$2,217,297. *Funded*.

Kostelecky, K. L. (2015). *Military Families Learning Network*. United States Department of Agriculture, National Institute of Food and Agriculture, University of Illinois at Urbana-Champaign, \$132,744. *Funded*.

Kostelecky, K. L. (2014). *Military Families Learning Network*. United States Department of Agriculture, National Institute of Food and Agriculture, \$2,187,842. *Funded*.

Margrett, J. A., Kostelecky, K. L., & Franke, W. D. (2008). *Exercising the mind & body: Promoting elder wellness*, The Wellmark Foundation, \$221,585. *Not funded*.

Kostelecky, K. L., Franke, W. D., & Margrett, J. A. (2008). *PREPARE: Progressive resistance exercise to promote activity in rural elderly*, U.S. Department of Agriculture, Cooperative State Research, Education, & Extension Service, RHSE-001485, Rural Health & Safety Education Competitive Grants Program, \$350,000. *Not funded*.

Raschke, D., Greene, G., Bass, B. L., Haselhuhn, C. M., Highnam, C., Hiranandani, V., & Kostelecky, K. L. (2003-2004). *Innovative family-centered programs at UNI*, The Iowa Department of Education-Iowa Supporting Changes and Reform in Interprofessional Preservice Training. \$7,697. *Funded*.

Raschke, D., Greene, G., Fitzgerald, L., Heston, M., Highnam, C., & Kostelecky, K. (2002-2003). *Innovative family-centered programs at UNI*, The Iowa Department of Education-Iowa Supporting Changes and Reform in Interprofessional Preservice Training, \$9,786. *Funded*.

Radina, M. E., Kostelecky, K. L., Lutz, G., Armer, J. M., & Longo, D. R. (2003). *Caregivers contexts, readiness, coping and appraisals*. Department of Health and Human Services, Public Health Services, The National Cancer Institute, CA-04-003, Long Term Cancer survivors: Research Initiatives, \$128,354. *Not funded*.

Extramural Grant Partnerships

Cotton, D. (2013). *Military Families Learning Network*. United States Department of Agriculture, National Institute of Food and Agriculture, \$1,342,955. *Funded*. *Sole author of proposal and budget.

Cotton, D. (2012). *Military Families Learning Network*. United States Department of Agriculture, National Institute of Food and Agriculture, \$897,500. *Funded*. *Primary author of proposal and budget.

Cotton, D. (2009). *Military Families Learning Network*. United States Department of Agriculture, National Institute of Food and Agriculture, \$2,500,000. *Funded*. *Primary author of revised proposal and budget after hire in June 2010 [95% of project deliverables].

Iowa Healthy Links Systems: Chronic Disease Self Management Program, partnering with the Iowa Department of Elder Affairs & Iowa Public Health. Atlantic Philanthropies & the National Council on Aging, \$350,000. *Funded*.

Intramural

Martin, P., Alekel, D. L., Cook, C., Franke, W., Garasky, S., Gundersen, C., Kostelecky, K. L., Lempers, J., Lorenz, F., Margrett, J., Smiley-Oyen, A., & West, R. (2008-2009). *Exceptional Longevity in Rural Environments: Phase 2*. College of Human Sciences Entrepreneurial Program Initiatives, Iowa State University, \$23,606. *Funded*.

Cameron, B., Kostelecky, K. L., Morgan, K., & Williams, K. C. (2006). *Group projects: Student perceptions of the process and implications for distance courses*. Outreach School Grant Program, University of Wyoming, \$2,500. *Funded*.

Kostelecky, K. L. (2000). *Adolescent Grandchildren & Their Grandparents: Intergenerational relationship solidarity*. The College of Social & Behavioral Sciences Dean's Research Grants, University of Northern Iowa, \$4,861. *Funded*.

Kostelecky, K. L. (1999-2000). *Adolescent Grandchildren & Their Grandparents: Intergenerational relationship solidarity, Phase 2*. The University of Northern Iowa Project Grant, \$400. *Funded*.

Kostelecky, K. L. (1999-2000). *Adolescent Grandchildren & Their Grandparents: Intergenerational relationship solidarity, Phase 1*. The University of Northern Iowa Project Grant, \$100. *Funded*.

INVOLVEMENT IN GRANT WRITING SYMPOSIA

2008 Iowa State University Grant Proposal-Writing Workshop Program. *Write winning grants, Grant Writers' Seminars & workshops*, S. W. Russell & D. C. Morrison.

2006 *Write winning grants, Grant Writers' Seminars & Workshops*, D. C. Morrison & S. W. Russell. University of Wyoming Office of Research & Economic Development.

PEER REVIEWED PRESENTATIONS

Baughman, S., Kostelecky, K. L., & Adrian, A. (2013, October). *Evaluating a 21st century program: Military Families Learning Network*. The American Evaluation Association National Conference, Washington, DC.

Branscum, A. Y., & Kostelecky, K. L. (2011, November). *Identifying differences in family caregiving using a stress model*. The 73rd Annual National Council on Family Relations Conference, Orlando, FL.

Kostelecky, K. L., Adrian, A. M., & Baughman, S. (2011, June). *We want YOU: For the Military Families CoP*. The National Community of Practice Workshop, Louisville, KY.

Kostelecky, K. L. (2011, June). *Reaching Reserve and National Guard Families Through the DoD/USDA Military Families Partnership*. The National Association of Rural Mental Health & AgriWellness Conference, Dubuque, IA.

Adrian, A. M., & Kostelecky, K. L. (2011, May). *Land Grant partners and Department of Defense Military Families Initiative*. The National Urban Extension Conference, Des Moines, IA.

Kostelecky, K. L., & Adrian, A. M. (2011, April). *eXtension and the Military Families Partnership Initiative: Ensuring the future of our military families*. The DoD/USDA Family Resilience Conference: Forging the Partnership, Chicago, IL.

Kostelecky, K. L., Baughman, S., Lodl, K., Durden, T. R., & Adrian, A. M. (2011, April). *Scanning the globe for military families programming*. The DoD/USDA Family Resilience Conference: Forging the Partnership, Chicago, IL.

Meisenbach, T., Cotton, D., & Kostelecky, K. L. (2011, April). *eXtension: What's it all about and why is it important to you?* The DoD/USDA Family Resilience Conference: Forging the Partnership, Chicago, IL.

Kostelecky, K. L. (2010, March). *Grandparents, parent, and adult (grand)children: How much do we play, love, share, and help?* The 2010 Aging in America Conference, the annual joint meeting of the American Society on Aging and the National Council on Aging, Chicago, IL.

Branscum, A. Y., & Kostelecky, K. L. (2009, April). *Differences in Grandparent-Grandchild Relationships Among Farm Families*. Rural Aging Conference: Living & Aging Well, Iowa State University, Ames, IA.

Branscum, A. Y., & Kostelecky, K. L. (2009, April). *Adult Grandchild Relationships with Grandparents Among Farm and Nonfarm Families*. College of Social & Behavioral Sciences Student Research Conference, University of Northern Iowa, Cedar Falls, IA.

Bentrott, M., Margrett, J. A., & Kostelecky, K. L. (2008, November). *Grandparents' influence on grandchildren's beliefs*. The Annual Meeting of the Gerontological Society of America, National Harbor, MD.

Branscum, A., & Kostelecky, K. L. (2008, November). *The effect of birth order on marital satisfaction*. The 70th Annual National Council on Family Relations Conference, Little Rock, AR.

Crocker, A. B., Kostelecky, K. L., & McClelland, J. (2008, June). *A new model for teaching eXtension technology*. The 2008 National Community of Practice Workshop, Louisville, KY.

Kostelecky, K. L. (2008, May). *eXtension Family Caregiving: Timely Resource at Your Fingertips!* The 2008 Iowa Governor's Conference on Aging, West Des Moines, Iowa.

Cameron, B., Kostelecky, K. L., Morgan, K., & Williams, K. C. (2008, January). *Etiquette as Process in Online Group Projects: Student Perceptions*. Hawaii International Conference on Education, Honolulu, HI.

- Cameron, B., Kostelecky, K. L., & Morgan, K. (2007, October). *Online student perceptions of group projects: implications for distance education*. Outreach Scholarship Conference - Access through Engagement, University of Wisconsin-Extension/University of Wisconsin Colleges, Madison, WI.
- Kostelecky, K. L. (2005, November). "What would have I missed in my life if I didn't know my adult-grandchild? Let me tell you..." The Annual Meeting of the Gerontological Society of America, Orlando, FL.
- Kostelecky, K. L., Hoskinson, M. J., & Purvis, E. J. (2004, November). *Adult grandson's and granddaughter's satisfaction with maternal and paternal grandparents*. The Annual Meeting of the Gerontological Society of America, Washington, DC.
- Kostelecky, K. L. (2004, November). *Family, friends, substance use, and delinquency in rural older adolescents*. The 66th Annual National Council on Family Relations Conference, Orlando, FL.
- Kostelecky, K. L. (2004, June). *A "novel" approach to linking course material to theory and practice*. The Family Science Association & Northwest Council on Family Relations Joint Conference, West Yellowstone, MT.
- Kostelecky, K. L., & Bass, B. L. (2003, November). *Differences in relationship provisions for grandmothers and their granddaughters*. The Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Kostelecky, K. L., & Fleming, W. M. (2003, November). *The comic genogram: A tool for understanding family processes*. The 65th Annual National Council on Family Relations Conference, Vancouver, BC, Canada.
- Kostelecky, K. L., Fleming, W. M., & Bass, B. L. (2002, November). *Multigenerational examination of the construct of mattering to others*. The Annual Meeting of the Gerontological Society of America, Boston, MA.
- Kostelecky, K. L., Bass, B. L., & Hill, C. M. (2002, May). *Adult grandchildren, parents, and grandparents connected: A work in progress*. The 2002 Iowa Governor's Conference on Aging, West Des Moines, IA.
- Fleming, W. M., & Kostelecky, K. L. (2001, April). *Victimization and coping patterns among adolescent sex offenders and delinquents*. The Society for Research in Child Development Biennial Meeting, Minneapolis, MN.
- Kostelecky, K. L. (2000, May). *Teaching without exams in large, lower division survey courses: Is that possible and do I even want to try it?* The 12th Annual Teaching Family Science Conference, Gallatin Gateway, MT.
- Kostelecky, K. L. (1997, April). *Stressful life events, relationships, and distress during late adolescence*. The Society for Research in Child Development Biennial Meeting, Washington, DC.
- Hira, T. K., & Kostelecky, K. L. (1995, June). *Methods of data collection from debtors in bankruptcy after discharge: A pilot study*. The pre-conference of the American Association of Family & Consumer Sciences, New Orleans, LA.

INVITED PRESENTATIONS

Kostelecky, K. L. (2016, November). *ACES: A career in the Alabama Cooperative Extension Service*. The Graduate Student Council Colloquium Series, Auburn University, Auburn, AL.

Kostelecky, K. L. (2016, August). *Family & Consumer Sciences: A county and agent partnership*. The State County Extension Coordinator Annual Meeting, ACES, Columbiana, AL.

Kostelecky, K. L. (2016, April). *A vision for Family & Consumer Sciences*. The National Extension Association of Family & Consumer Sciences – Alabama Affiliate Annual Meeting, Fairhope, AL.

Kostelecky, K. L. (2014, October). *Work in progress: The Chez Family Foundation Center for Wounded Veterans in Higher Education and the health and well-being of military families*. Kinesiology & Community Health, Fall Colloquium, The University of Illinois at Urbana-Champaign, Champaign, IL.

Kostelecky, K. L. (2014, September). *Disabled veterans: Research touch points at UIUC*. Campus Research Administrators Working Group, The University of Illinois at Urbana-Champaign, Champaign, IL.

Kostelecky, K. L. (2013, July). *The Military Families Learning Network*. National Military Consumer Protection Day, U.S. Capitol, Washington, DC.

Radunovich, H., Adrian, A. M., & Kostelecky, K. L. (2013, February). *Family Development focus area: Professional development on family stress*. 4-H Youth Military Partnership Meetings, Arlington, VA.

Kostelecky, K. L., Adrian, A. M., Baughman, S., Jeannette, K., & Dorner, J. (2013, January). *The Military Families Learning Network year in review*. Lead Institutions Annual Meeting, DoD/Extension Military Families Partnership, Arlington, VA.

Buchko, J., Gamble, K., & Kostelecky, K. L. (2012, October). *Private (practice) meets communities of practice (panel)*. eXtension 2012 National Conference, Oklahoma City, OK.

Kostelecky, K. L. (2012, September). *Military Families Partnership, CFLE, and the CES*. The University of Northern Iowa, Cedar Falls, IA.

Kostelecky, K. L. (2012, September). *What you are about to do: Military family service providers*. The University of Northern Iowa, Cedar Falls, IA.

Kostelecky, K. L., Adrian, A. M., & Baughman, S. (2012, July). *The Military Families Learning Network: Personal finance and serving our military families*. Military Saves Quarterly Meetings with the Financial Industry Regulatory Authority (FINRA), Washington, DC.

Kostelecky, K. L., Adrian, A. M., & Baughman, S. (2012, June). *Serving those who serve our military families*. U.S. Army Wounded Warriors Advisory Council Meetings, Grapevine, TX.

Kostelecky, K. L., Adrian, A. M., & Baughman, S. (2012, February). *Who, What, Where, & Why? The Military Families Learning Network*. 4-H Military Liaison Meetings, Phoenix, AZ.

Kostelecky, K. L. (2012, January). *Serving Those Who Serve: Who Are They?* The University of Northern Iowa, Cedar Falls, IA.

Kostelecky, K. L. (2012, January). *Family Life Education & the Cooperative Extension System: Serving military families.* The University of Northern Iowa, Cedar Falls, IA.

Kostelecky, K. L., Adrian, A. M., & Baughman, S. (2012, January). *The Military Families Learning Network Year Two.* Lead Institutions Quarterly Meeting, DoD/Extension Military Families Partnership, Columbia, MD.

Kostelecky, K. L., Adrian, A. M., & Baughman, S. (2011, October). *The Military Families Learning Network: eXtension Initiative.* Department of Defense Headquarters Family Program Managers Meetings, Washington, DC.

Elrod, B., Kostelecky, K. L., & Adrian, A. M. (2011, August). *What's your name, rank and serial number? Raising the level and quality of FCS engagement with Military Service Members and their families!* The National Extension Association of Family and Consumer Sciences (member only webinar), Washington, DC.

Kostelecky, K. L. (2011, February). *What's in it for you? eXtension Environmental Scan wave 1 & 2 results.* 4-H Military Liaisons and OMK Coordinators Annual Meeting, Albuquerque, NM.

Kostelecky, K. L. (2010, October). *The Cooperative Extension System, Family Life Education, and military family service professionals.* The University of Northern Iowa, Cedar Falls, IA.

Kostelecky, K. L., Adrian, A. M., Lambur, M., Lodl, K., & Durden, T. R. (2010, September). *Scanning the Cooperative Extension System.* Military Families Partnership Quarterly Lead Institutions Meeting, DoD/USDA, Washington, DC.

Kostelecky, K. L. (2009, September). *Death, grief, & bereavement: Strangers we are not!* Seneca Area Agency on Aging Forum, Ottumwa, IA.

Kostelecky, K. L. (2009, September). *Rural Iowa: Where river turns to sky.* Senior Education Program, Grinnell Regional Medical Center, Grinnell, IA.

Kostelecky, K. L. (2009, June). *eXtension, Family Caregiving Community of Practice.* Citizens Advisory Council, Iowa State University Extension, Iowa State University, Ames, IA.

Winter, K., Stahlhut, M., Smith, C., Kostelecky, K. L., Keast, D. (2009, May). *The state of housing, transportation, financial fraud & elder abuse, long term services & supports, & employment in Iowa.* Aging and Action Forum: Partnering Through Hard Times, Iowa Department of Elder Affairs, Des Moines, IA.

Kostelecky, K. L. (2008, November). *Intergenerational programs & aging families.* Gerontology Colloquium, Iowa State University, Ames, IA.

Kostelecky, K. L. (2008, November). *Parkinson's Disease: Families in action.* Mary Greeley Medical Center, Ames, IA.

- Oesterreich, L., Kostelecky, K. L., Swanson, P., & Thibournery, A. (2008, October). *eXtension: The visibility of Extension in the 21st century*. Iowa State University Annual Extension Conference, Ames, IA.
- Kostelecky, K. L. (2008, May). "Single Point of Entry" for services for older adults. The 2008 Iowa Governor's Conference on Aging, West Des Moines, IA.
- Kostelecky, K. L. (2008, April). *The needs of family caregivers: What Powerful Tools for Caregivers can do for you*. The Multi-Disciplinary Conference on Mental Health & Aging, Wartburg College, Waverly, IA.
- Kostelecky, K. L. (2008, February). *The state of long-term living in Iowa*. The "Single Point of Entry" Resource Team Legislative Briefing, Des Moines, IA.
- Kostelecky, K. L. (2008, February). *Aging & family caregiving*. Aging Studies Colloquium, the University of Iowa, Iowa City, IA.
- Kostelecky, K. L. (2006, May). *Grief, loss, & bereavement. Empowering tools: Learning to increase the quality of your later years*. Lifelong University, University of Northern Iowa, Cedar Falls, IA.
- Kostelecky, K. L. (2006, April). *Little house on the freeway: Raising children in the fastlane*. Extreme Makeover: Parenting Edition, Orchard Hill Church, Cedar Falls, IA.
- Kostelecky, K. L. (2005, August). *Trends of Baby Boomers: Building for long term care*. Lutheran Home of Cedar Falls, Cedar Falls, IA.
- Kostelecky, K. L. (2005, June). *Fitness rituals & family health: Creating family identity through healthy living*. Get Fit Cedar Falls Fair. Department of Human & Leisure Services, Park & Recreation Division, Cedar Falls, IA.
- Barnes, H. L., Bass, B. L., Gute, G., Kostelecky, K. L., Mack, K., & Radina, E. (2004, November) (Panel). *Courting disaster? Changing values about love, sex, and marriage* (with Dr. Stephanie Coontz). Popular culture: Shaping and reflecting who we are. Sex and marriage. 2004 Honors Satellite Seminar Series. University of Northern Iowa, Cedar Falls, IA.
- Kostelecky, K. L. (2004, March). *The undergraduate gerontology program at the University of Northern Iowa: Past, present, and future*. The Annual Iowa Association of Family & Consumer Sciences Conference, Cedar Falls, IA.
- Kostelecky, K. L. (2004, March). *Current issues and concerns in grandparenting*. Contemporary Issues for Adults Speaker Series, Cedar Heights Presbyterian Church, Cedar Falls, IA.
- Kostelecky, K. L. (2004, January/February). *A fresh look at relationships*. Overtime, St. John Lutheran Church, Cedar Falls, IA.
- Kostelecky, K. L. (2001, April). *Current family science research on aging families*. The 8th Annual University of Northern Iowa Undergraduate Social Science Research Conference, Cedar Falls, IA.
- Kostelecky, K. L. (2000, November). *Family concerns in care giving, Summit: Marketing and positioning family professionals in the fields of gerontology and geriatrics*. The 62nd Annual National Council on Family Relations Conference, Minneapolis, MN.

Kostelecky, K. L. (2000, November). Where do we go from here? Implementation, *Summit: Marketing and positioning family professionals in the fields of gerontology and geriatrics*. The 62nd Annual National Council on Family Relations Conference, Minneapolis, MN.

Kostelecky, K. L. (2000, September – November). *Family relationships: An in-depth overview*. Sunnyside Country Club Study Club – 11 part series, Waterloo, IA.

Kostelecky, K. L. (2000, September – October). *Little house on the highway: Families on the fast-track*. St. John Lutheran Church – 9 part series, Cedar Falls, IA.

Kostelecky, K. L. (1999, November). *Families and home: Historical change in the last 100 years*. New Millennium Speaker Series, Waterloo, IA.

Kostelecky, K. L. (1999, April). *Understanding adolescents*. The 5th Annual Western Regional Organization of Human Service Educators Conference, Sierra Vista, AZ.

Hira, T. K., Kostelecky, K. L., & Carr, N. (1996, July). *Childhood experiences influencing current financial situations of college students in the U.S. and New Zealand*. The XVIIIth International Federation of Home Economics Congress, Bangkok, Thailand.

Hira, T. K., Kostelecky, K. L., & Genalo, T. (1994, September). *Differences between chapter 7 and chapter 13 debtors: A pilot study*. The 29th Annual seminar of the National Association of Chapter 13 Trustees, Albuquerque, NM.

INVITED RECORDED PRESENTATIONS

Kostelecky, K. L. (2005). *Death, grief, & bereavement*. Recorded educational program *Series 3: Grief and loss*, speaker series for the Iowa Consortium for Applied Gerontology, University of Northern Iowa, Cedar Falls, IA.

TEACHING EXPERIENCE

COURSES TAUGHT

Family Studies:

Family Relationships
Human Identity & Relationships
Family Relationships in Crisis
Family Perspectives in Adulthood & Aging
Parent-Child Relations
Parent Education
Sexuality & Close Relationships
Communication in Human & Family Development
Advanced Family Relations
Decision Making in Family Systems
Dynamics of Family Relations
Issues in Aging
Violence & Youth
Studies in Inner-City Youth Services
Housing Services for Families with Special Needs

Exploring Relationships as Partnerships in Early Childhood Education

Human Development:

Early Child Development
Young Children's Program Lab
Child Development
Development & Guidance in Middle Childhood
Middle Childhood through Adolescence
Pre-adolescent & Adolescent Development
Adolescence
Adult Development & Aging
Gerontology: A Multidisciplinary Perspective
Advanced Human Development
Human Growth & Development
Life Span Human Development

INVOLVEMENT IN TEACHING SYMPOSIA & OTHER ACTIVITIES

- 2012 Invited Subject Matter Expert – *Returning Warriors Civic Ecology Program*. Department of Natural Resources, Cornell University held at Camp Wabasso/Ft. Drum, NY. A three-day leadership forum convened in mid-September, 2012 to exchange ideas, explore the challenges, and develop potential solutions to understanding how and why nature and participating in outdoor activities helps war veterans as they transition back to their families and communities. This activity was sponsored by the United States Environmental Protection Agency.
- 2011 Leader – *Working Together to Strengthen Guard & Reserve Couples & Families*, Charlotte, North Carolina. Sponsored by the National Healthy Marriage Resource Center and The Annie E. Casey Foundation, this two-day leadership forum convened in mid-August, 2011 to explore the challenges posed to intimate relationships of National Guard and Reserve Service Members and their relationships with their families. The forum included 24 leaders, advocates, clinicians, and researchers devoted to understanding and supporting the intimate partner relationships of Service Members and to strengthen their families.
- 2007 Teaching Member – *Summer High School Institute*, University of Wyoming. A three week intensive experience where the most intellectually talented high school sophomores gather, living and studying in an environment to examine unanswered questions and unresolved challenges. Competitive selection process to choose twenty teaching members from among all University faculty.
- 2006 – 2007 *Brown Bag Seminars on College Teaching*: Year-long, monthly seminars presented by The Ellbogen Center for Teaching and Learning, The University of Wyoming.
- 2002 – 2004 *Innovative Family Centered Programs at UNI*: Interdisciplinary discussion and examination of the integration of family centered practices into courses about family on the UNI campus; Raschke, D., Greene, G., Fitzgerald, L., Heston, M., Highnam, C., & Kostelecky, K. L. *Innovative family-centered programs at UNI*, The Iowa Department of Education-Iowa Supporting Changes and Reform in Interprofessional Preservice Training.
- 1996 – 2010 *Teaching roundtable discussions & seminars*: Attended at the annual meetings of the National Council on Family Relations, Society for Research on Child Development, Association of Gerontology in Higher Education, Teaching of Family Science, & Gerontological Society of America.
- 1999 *New Faculty Seminar on College Teaching*: Semester-long, monthly seminar presented by the Center for the Enhancement of Teaching, The University of Northern Iowa.

GRADUATE STUDENTS & COMMITTEES

Iowa State University:

Chair

- 2009 – 2010 Mini-Thesis – Jade Spielman, Doctoral student; Human Development & Family Studies
- 2008 – 2010 Doctoral Committee – Anne Branscum; Human Development & Family Studies
Title: Stress and Coping Model for Family Caregivers of Older Adults
*Co-Chair until June 2010 when I left the university. Defended in July 2010.

2008 – 2009 Master's Committee – Kathlene Whipple; Human Development & Family Studies
Title: *The Use of Genograms in Working with Clients in Clinical Settings*

Membership

2008 – 2010 Doctoral Committee – Merea Bentrott; Human Development & Family Studies
2009 – 2010 Doctoral Committee – Duhita Mahatmya; Human Development & Family Studies
2009 – 2010 Doctoral Committee – Sonja Stutzman; Human Development & Family Studies
2008 – 2010 Doctoral Committee – Ardyth Stull; Family & Consumer Sciences Education
2008 – 2010 Master's Committee – Melinda Heinz; Human Development & Family Studies
2008 – 2009 Master's Committee – Merea Bentrott; Human Development & Family Studies
2008 – 2009 Master's Committee – Sybil Ruffels; Family & Consumer Sciences
2007 – 2010 Doctoral Committee – Neha Deshpande; Human Development & Family Studies

Supervision

2009 – 2010 Graduate Assistantship – Jade Spielman, Doctoral student; Human Development & Family Studies

2008 – 2009 Graduate Assistantship – Anne Branscum, Doctoral student; Human Development & Family Studies

University of Wyoming:

Chair

2006 – 2008 Master's Committee – Sophie Omolo; Family & Consumer Sciences
Title: *Father Involvement in Early Childhood Programs*

Membership

2006 – 2007 Master's Committee – Elizabeth Williams; Curriculum & Instruction
2006 – 2007 Master's Committee – Wynnette Nelson; Curriculum & Instruction

2006 – 2007 Graduate Assistantship Supervisor – Sophie Omolo, Master's student; Child Development

University of Northern Iowa:

Membership

2003 – 2006 Doctoral Committee – Belle Cowden; Curriculum & Instruction
2003 – 2004 Master's Committee – Heather Schantz; Health, Physical Education, Leisure Services

University of Arizona South:

Membership

1997 – 1999 Master's Committee, Tonya Hancock; Educational Psychology

EXTENSION PROGRAMMING

Expertise in the areas of military families, intergenerational relationships, family caregiving, adolescent/youth development, marital relationships, family stress and coping, Baby Boomers, and rural aging.

- ◆ Military Families Learning Network – Professional development, educational programming, and evidence- and research based resources for military family service providers in the areas of personal finance, military caregiving, family advocacy, parent education, early child care & education, community capacity building, military re-location, and network literacy.

- ◆ *eXtension* – Communities of Practice: Family Caregiving; Financial Security for All; eXtension Alliance for Better Child Care; Network Literacy; Just In Time Parenting; Families, Food & Fitness
- ◆ *Powerful Tools for Caregivers* – Educational program for family caregivers of adults designed to empower caregivers to take better care of themselves.
- ◆ *Adult Children & Aging Parents: Conversations between Generations* – Series of educational programs about family decisions and relationships in later life. [development phase for production of online monthly newsletter and quarterly magazine]
- ◆ *Iowa Healthy Links* – Chronic Disease Self Management Program; Educational program explores techniques to deal with such issues as pain, health improvement, use of medications, communication, nutrition, and evaluation of new treatments.

Extension Publications

Kostelecky, K. L., Litchfield, R., & Welk, G. J. (2008). 70 is the new 50 (display). *Iowa State University Farm Progress Show, D 140* (July).

Kostelecky, K. L. (2008). Powerful Tools for Caregivers (poster). *Iowa State University Extension, SP 263pOF* (July).

Kostelecky, K. L. (2008). Powerful Tools for Caregivers (poster). *Iowa State University Extension, SP 263p* (April).

Kostelecky, K. L. (2007). Welcome to eXtension Family Caregiving (handout). *Iowa State University Extension, SP 314a* (November).

Kostelecky, K. L. (2007). eXtension Family Caregiving (poster). *Iowa State University Extension, SP 314b* (November).

Significant Revisions/Updates:

Stress: Taking Charge. All about Stress. *Iowa State University Extension, PM 1660A* (April 2009).

Stress: Taking Charge. Managing Stress in Later Life Families. *Iowa State University Extension, PM 1660E* (April 2009).

Stress: Taking Charge. Managing Conflict with Teens. *Iowa State University Extension, PM 1660G* (April 2009).

Extension News Releases

Adrian, A. M. & Kostelecky, K. L. (2013, November 4). Unexpected benefits of Military Families Learning Network. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2013, August 5). Military Families Learning Network continues to grow! *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Brauner, R., Adrian, A. M., & Kostelecky, K. L. (2013, June 3). Many come together to help families living with Traumatic Brain Injury. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Adrian, A. M. & Kostelecky, K. L. (2013, April 5). eXtension Military Families Learning Network promotes 'How to Help' Series. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Johnson, J. C., Adrian, A. M., & Kostelecky, K. L. (2013, February 6). Youth Extension Service internships applications due February 28. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2013, January 7). New at the Military Families Learning Network! *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2012, October 8). Brent Elrod named eXtension Champion. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Brauner, R. & Kostelecky, K. L. (2012, July 2). The Wounded Warrior Program and eXtension: A great team supporting those caring for our wounded service members. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Baughman, S. & Kostelecky, K. L. (2012, February 3). Military Families Learning Network jumps into 2012. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Adrian, A. M. & Kostelecky, K. L. (2011, October 5). Introducing Alex–Network Literacy CoP persona. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Adrian, A. M. & Kostelecky, K. L. (2011, October 5). Military Families Learning Network actively online. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2011, August 4). Military Families adds staff members. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Baughman, S. & Kostelecky, K. L. (2011, June 7). Military Families eXtension environmental scan year 1 report published. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. & Meisenbach, T. (2011, May 6). Sarah Baughman joins eXtension staff. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2011, May 6). USDA, DOD officially launch Military Extension Partnership. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2011, February 8). eXtension Military Families continues environmental scan. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2010, August 1). Military Families environmental scan survey deadline August 6. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

Kostelecky, K. L. (2010, July 2). eXtension Military Families conducts environmental scan. *eXtension UPDATE*. Retrieved from <http://about.extension.org/blog>

SERVICE & OUTREACH

NATIONAL

- 2012 – 2013 Member – Wounded Warrior Advisory Council, Texas A&M AgriLife Extension Service, United States Department of Agriculture/National Institute of Food & Agriculture, U.S. Army Family & Moral, Welfare & Recreation Command
- 2010 – present Member – Military Families & Children Focus Group, National Council on Family Relations
- 2010 – 2014 Member (staff leadership) – Governing Committee, eXtension Initiative
- 2009 – 2010 Review Panel for *Addiction*, Published by Wiley-Blackwell
- 2009 Member – Rural Health and Safety Education Competitive Grants Panel, United States Department of Agriculture, Cooperative State Research Education, & Extension Service
- 2008 – 2010 Member – eXtension Integration Working Group, Family Communities of Practice, United States Department of Agriculture, Cooperative State Research Education, & Extension Service
- 2008 – 2010 Member – Steering Committee, Intergenerational Extension Programming Initiative, United States Department of Agriculture, Cooperative State Research Education, & Extension Service
- 2008 – 2010 Member –Raising Grandchildren Family Caregiving Content Group, Family Caregiving for Aged and/or Disabled Adults Community of Practice, eXtension, United States Department of Agriculture, Cooperative State Research Education, & Extension Service
- 2008 – 2009 Advisor – National AgrAbility Project, Rural Caregiving Group
- 2008 Member – National Program Review Team, *Girl Talk*; Curriculum designed to bring mothers and daughters together to learn about sexuality
- 2008 Member – National Program Review Team, *Journey; Steps to Healthy Couples, Healthy Marriages, Healthy Families*, Relationship education for professionals who provide pre-marital and other couple counseling services.
- 2008 Review Panel for the *Journal for Specialists in Pediatric Nursing* Published by Blackwell
- 2007 – 2010 Member – Steering Committee, Family Caregiving for Aged and/or Disabled Adults Community of Practice, eXtension, United States Department of Agriculture, Cooperative State Research Education, & Extension Service
- 2007 – 2008 National Community of Interest Leader –Rural Caregiving, Family Caregiving Content Group, Family Caregiving for Aged and/or Disabled Adults Community of Practice, eXtension, United States Department of Agriculture, Cooperative State Research Education, & Extension Service
- 2007 Textbook Review for Erber, R., & Erber, M. W.. *Intimate relationships: Issues, theories, & research*. Allyn & Bacon.
- 2006 Textbook Review for Olson, D. H., & DeFrain, J.. *Marriages & families: Intimacy, diversity, and strengths* (6th ed.). McGraw-Hill.
- 2005 Textbook Review for Miller, R. S., Perlman, D., & Brehm, S. S. (2006). *Intimate Relationships* (4th edition). McGraw-Hill
- 2005 – 2010 Review Panel for the *Journal of Adolescence* Published by Elsevier Ltd.

- 2001 – 2006 Advisory Board, *Annual Editions: Aging*, McGraw-Hill/Dushkin
2001 – 2006 Advisory Board, *Annual Editions: The Family*, McGraw-Hill/Dushkin
1998 – 2002 Review Panel for the *Family & Consumer Sciences Research Journal*
Published by the American Association of Family & Consumer Sciences
1998 – 2002 Review Panel for *The Gerontologist*
Published by the Gerontological Society of America

STATE

- 2012 Member – Steering Committee, Military Child Education Coalition: Living in the
New Normal Iowa Public Engagement
2008 – 2010 Member – Roundtable discussion of experts, Alternative Futures: Elder-Friendly
Communities for Iowa
2007 – 2010 Member – Iowa Consortium for Mental Health & Aging
2007 – 2010 Member – Steering Committee, Iowa Governor’s Conference on Aging
2007 – 2010 Member – Iowa Consortium of Aging Programs

COMMUNITY

- 2012 - 2014 Volunteer – Iowa Special Olympics
2008, 2009 Master of Ceremonies – Family Caregiving Conference, Mason City, IA
2007 – 2010 Volunteer Educator – State of Poverty Welfare Simulation
2001 – 2006 PREPARE/ENRICH Trained Premarital/Marital Counselor
2000 – 2003 On-site supervisor – Doctoral Committee, Jeffrey P. Whillock
Luther Northwestern Seminary – Minneapolis, MN

UNIVERSITY

Auburn University:

- 2016 - present Member – Department Head, Consumer and Design Sciences Search
Committee
2016 – present Program Advisor – National Extension Association of Family & Consumer
Sciences, Alabama Affiliate
2016 Member – Director of Financial Services, Alabama Cooperative Extension
Search Committee
2015 – present Member – Administrative Council, College of Human Sciences
2015 – 2016 Member – University Outreach & Engagement Council
2015 – 2016 Member – Human Development & Family Studies Faculty Search Committee (2)

University of Illinois:

- 2014 – 2015 Member – Administrative Council, College of Applied Health Sciences
2014 – 2015 Member – Disability Veteran Issues Faculty Search Committee
2014 – 2015 Member – Center for Health, Aging, and Disability
2014 – 2015 Member – Military Families Learning Network Professional Development
Coordinator Search Committee
2014 – 2015 Member – Veterans Student Support Services Search Committee

Iowa State University:

2009 – 2010 Member – Strategic Planning Committee, Human Development & Family Studies
2009 – 2010 Member – Extension Reporting Task Force, University Extension
2009 – 2010 Chair – Priority/Focus Areas for Programming Work Team, Extension to Families
2007 – 2010 Coordinator – Certified Family Life Education Program
2007 – 2010 Member – Curriculum Committee; Human Development & Family Studies
2007 – 2010 Member – Graduates Work Group, Human Development & Family Studies
2007 – 2010 Member – Gerontology Advisory Committee

University of Wyoming:

2006 – 2007 Coordinator – Certified Family Life Education Program
2006 – 2007 Coordinator – Child Development Major
2006 – 2007 Member – Youth Development Program Development Committee
2006 – 2007 Chair – Family & Consumer Sciences Graduate Student Recruitment & Retention Committee

University of Northern Iowa:

2005 – 2006 Member – Interior Design Faculty Search Committee
2004 – 2006 Member – Committee to establish Lifelong University
2003 – 2006 Member – University Writing Committee
2002 – 2006 Senator (Chair 2005-2006; Vice Chair 2003-2005) – College of Social & Behavioral Sciences Faculty Senate
2001 – 2006 Guest Radio Spots, Broadcast News Service
University Marketing & Public Relations
2001 – 2006 Guest Radio Spots, WOI Radio Group, Ames, Iowa
2001 – 2006 Member – Inter-departmental STORM Project, computer lab use committee
2000 – 2006 Interview College of Social & Behavioral Sciences Scholars
2000 – 2001, 2004 – 2006 Mentor – Perspective Graduate Student Group, Family Services
1999 – 2006 Director – Gerontology Program
1999 – 2006 Member – Family Services Faculty Search Committee
1999 – 2006 Member – Family Area Curriculum Committee
1999 – 2003; 2005 – 2006 Faculty Advisor – Northern Iowa Family Service Organization (NIFSO)
1999 – 2000, 2003 – 2004 Member – DTGFS Student Issues & Scholarship Committee
1999 – 2003 Co-Lead Member of committee to develop the Iowa Consortium for Applied Gerontology, federal initiative funded (\$485,000)
2003 Marshal – Commencement Exercises
2000 – 2001 Co-faculty Advisor, Undergraduate Social Science Research Conference
2000 – 2001 Reviewer, Social Sciences Undergraduate Research Conference

University of Arizona South:

1997 – 1999 Coordinator – Family Studies Program
1997 – 1999 Member – Curriculum Committee, (Chair, 1998-1999)
1997 – 1999 Member – Faculty Governance Committee, (Chair, 1998-1999)
1997 – 1998 Member – Personnel Committee
1997 – 1998 Faculty Advisor – Association of Students of the University of Arizona South

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

[current]

National Council on Family Relations
(Certified Family Life Educator)

National Extension Association of Family & Consumer Sciences

[recent past]

Gerontological Society of America

Family Science Association

Generations United

Society for Research on Adolescence

Society for Research on Child Development