

Julianne McGill
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Education:

PhD.	2016	Human Development and Family Studies	Auburn University
M.S.	2012	Human Development and Family Studies	Auburn University
B.S.	2010	Human Development and Family Studies	Auburn University

Position:

2016 – present Assistant Research Professor, Human Development and Family Studies, Auburn University

Professional Designation

Certified Family November 2012- present
Life Educator National Council on Family Relations

Awards

C. L. “Shot” Senn Fellowship (2016)

Auburn University’s Outstanding Doctoral Student (2014-2015)

NCFR’s Education & Enrichment Section Student Proposal Award (2014)

Grants and Contracts:

Oct ’15-May ’16 **Principal Investigator and Project Director.** Dissertation Grant Award. Data collection for a comparison group to evaluate efficacy of a newly developed relationship education program entitled ELEVATE. **College of Human Sciences, Department of Human Development and Family Studies. \$8,000.**

April ’12-April ’13 **Principal Investigator and Project Director.** Graduate Student Thesis Research Award. A qualitative study focused on understanding the impact mentoring “at-risk” youth has on female emerging adult mentors. The study also uncovers potential factors and processes leading to reported outcomes. **Auburn University Graduate School, Graduate School Fellowship Committee. \$1,000.**

Peer-Reviewed Publications:

McGill, J., Adler-Baeder, F., & Garneau, C. L. (under review). An Evaluation of ELEVATE: Taking Your Relationship to the Next Level. *Family Relations*.

McGill, J., & Adler-Baeder, F. (under review). Exploring the link between mindfulness and relationship quality: Direct and indirect pathways. *Family Process*.

McElwain, A., **McGill, J.**, & *Savasuk-Luxton, R. (in press). Youth relationship education: A meta-analysis. *Child and Youth Care Forum*.

McGill, J., & Adler-Baeder, F. (2017). The effects of teaching relationship education on family life educators. *Journal of Human Sciences and Extension*, 5, 82-98.

Ketring, S. A., Bradford, A. B., Davis, S., Adler-Baeder, F., **McGill, J.**, Smith, T. A. (2017). The Role of the Facilitator in Couple Relationship Education. *Journal of Marriage and Family Therapy*, 43, 374-390.

*Rice, T., **McGill, J.**, & Adler-Baeder, F. (2017). Relationship education for youth in high school: Preliminary evidence from a non-controlled study on dating behavior and parent-adolescent relationships. *Child and Youth Care Forum*, 46, 51-68. doi:10.1007/s10566-016-9368-8

Adler-Baeder, F., Garneau, C. L., Vaughn, B., **McGill, J.**, Ketring, S. A., & Smith, T. (2016). The influence of parents' participation in relationship education on vulnerable preschooler's social competence. *Family Process*. doi: 10.1111/famp.12267

McGill, J., Adler-Baeder, F., Bradford, A. B., Kerpelman, J., Ketring, S. A., & Sollie, D. (2016). The role of relational instability on individual and partner outcomes following couple relationship education participation. *Family Relations*. doi:10.1111/fare.12201

McGill, J., Adler-Baeder, F., & *Rodriguez, P. (2016). Mindfully in love: A meta-analysis of the association between mindfulness and relationship satisfaction. *Journal of Human Sciences and Extension*, 4, 89-101.

McGill, J., Adler-Baeder, F., Sollie, D., & Kerpelman, J. (2015). Exploring the experiences of female emerging adult mentors: Building a conceptual model. *Journal of Adolescent Research*, 30, 538-564.

In Progress

McGill, J., Adler-Baeder, F. & Ketring, S. (in process). Couples Connecting Mindfully: An innovative Couples Relationship Education program. *Journal of Couple & Relationship Therapy*.

McGill, J., & Adler-Baeder, F. (in process). Linking changes in stress and anxiety and relationship quality and conflict among Couples Connecting Mindfully participants. *Family Process*.

*Savasuk-Luxton, R., **McGill, J.**, & Adler-Baeder, F. (in process) Community based versus undergraduate based youth relationship education programming. *Journal of Extension*.

Su, S., **McGill, J.**, & Adler-Baeder, F. (in process) Linking changes in parenting efficacy and parenting discipline among "Together We Can" participants.

* denotes student author

Curriculum Development

McGill, J., Ketring, S., & Adler-Baeder, F. *Couples Connecting Mindfully: A Couple Relationship Education Program*

National Extension Relationship & Marriage Education Network. *Elevate: Taking Your*

Relationship to the Next Level

Professional Presentations:

McGill, J., & Adler-Baeder, F. (2017, November). Couples Connecting Mindfully: An innovative relationship education program. Paper presented for the National Council of Family Relations Annual Conference, Orlando, FL.

Adler-Baeder, F., **McGill, J.**, Totura, C., Cave, C., Savasuk, R., Ketrting, S., & Smith, T. (2017, November). Initial results from an RCT study of two newly-developed couples education programs. Paper presented for the National Council of Family Relations Annual Conference, Orlando, FL.

Ketrting, S., **McGill, J.**, & Adler-Baeder, F. (2017, November). The critical role of the facilitation alliance in mindfully focused CRE. Paper presented for the National Council of Family Relations Annual Conference, Orlando, FL.

Finnegan, V., **McGill, J.**, Smith, M. & Adler-Baeder, F. (2017, November). Action research: A bridge connecting a university and local communities. Resource exchange presented for the National Council of Family Relations Annual Conference, Orlando, FL.

Savasuk, R., **McGill, J.**, & Adler-Baeder, F. (2017, November). Examining facilitator type in youth relationship education. Poster presented for the National Council of Family Relations Annual Conference, Orlando, FL.

Landers, A., Cooper, E., Adler-Baeder, F., **McGill, J.**, & Chan, A. (2017, November). Considering community: Examining fatherhood program participants' outcomes. Poster presented for the National Council of Family Relations Annual Conference, Orlando, FL.

Burke, L., Adler-Baeder, F., & **McGill, J.** (2017, November). Mindfulness and parenting efficacy: Does the facet of mindfulness matter?. Poster presented for the National Council of Family Relations Annual Conference, Orlando, FL.

Cooper, E., **McGill, J.**, & Adler-Baeder, F. (2017, March). Testing the Stress Generation Model: Change in mental health indicators and change in couple functioning in CRE participants. Poster presented at the annual meeting of Quint State, Auburn University, Auburn, AL. *Best Poster Presentation.*

Cave, C., Adler-Baeder, F., & **McGill, J.** (2017, March). Theoretical approaches for researching military couples. Roundtable discussion presented at the annual meeting of Quint State, Auburn University, Auburn, AL.

Cooper, E., **McGill, J.**, & Adler-Baeder, F. (2017, April). Testing the Stress Generation Model: Change in mental health indicators and change in couple functioning in CRE participants. Poster presented at the College of Human Sciences Research Symposium, Auburn University, Auburn, AL.

McGill, J., & Adler-Baeder, F. (2016, November). The effects of teaching relationship education

on family life educators. Paper presented for the National Council of Family Relations Annual Conference, Minneapolis, MN.

McElwain, A., **McGill, J.**, & Savasuk, R. (2016, November). A meta-analysis of youth-focused relationship education. Paper presented for the National Council of Family Relations Annual Conference, Minneapolis, MN.

Su, S., **McGill, J.**, & Adler-Baeder, F. (2016, November). Linking changes in parenting efficacy and parenting discipline among “Together We Can” participants. Paper accepted for the National Council of Family Relations Annual Conference, Minneapolis, MN.

McGill, J., Adler-Baeder, F., & Bradford, A. (2015, November). Investigating relational instability as an influence on individual & partner outcomes. Paper presented at the National Council of Family Relations Annual Conference, Vancouver, Canada.

Morrison, S., **McGill, J.**, Adler-Baeder, F., Ketrings, S., & Smith, T. (2015, November). Parental status and changes following relationship education: Does gender matter? Paper presented at the National Council of Family Relations Annual Conference, Vancouver, Canada. *Education and Enrichment Section Student Proposal Award.*

Morrison, S., **McGill, J.**, Adler-Baeder, F., Ketrings, S., & Smith, T. (2015, April). Parenting status as a modifier of Couple and Relationship Education: Do transitioning parent’s need more help?. Poster presented at the annual This is Research Symposium, Auburn, AL. *Award Winner.*

McGill, J., Adler-Baeder, F., Sollie, D., & Kerpelman, J. (November, 2014). The experiences of female mentors in a community mentoring program: Building a conceptual model. Poster presentation presented at the National Council of Family Relations Annual Conference, Baltimore, MA. *Education and Enrichment Section Student Proposal Award.*

Garneau, C., Adler-Baeder, F., **McGill, J.** (November, 2014). Parents’ marital histories and youths’ marriage expectations and attitudes. Paper presentation presented at the National Council of Family Relations Annual Conference, Baltimore, MA.

Ketrings, S., **McGill, J.**, Espinoza, M., Adler-Baeder, F., Smith, T. (November, 2014). Spirituality and relationship satisfaction: The role of prayer. Poster presentation presented at the National Council of Family Relations Annual Conference, Baltimore, MA.

Rice, T. M., Adler-Baeder, F., **McGill, J.**, Harcourt, K.T., & Ketrings, S., Smith, T., Kerpelman, J. (November, 2014). Relationship education in adolescence: Impact on the parent-child relationship. Poster presentation presented at the National Council of Family Relations Annual Conference, Baltimore, MA.

Adler-Baeder, F., Garneau, C., & **McGill, J.** (July, 2014). The influence of parents’ participation in relationship education on vulnerable preschooler’s social competence. Paper presentation presented at the International Association for Relationship Research Annual Conference, Melbourne, Australia.

Adler-Baeder, F., Garneau, C., & **McGill, J.** (July, 2014). The influence of parents' participation in relationship education on vulnerable preschooler's social competence. Poster presentation presented at the International Association for Relationship Research Annual Conference, Melbourne, Australia.

Skuban, E., **McGill, J.**, Adler-Baeder, F., Vaughn, B., Ketring, S., Smith, T. (November, 2013). The influence of relationship education on low-income, minority preschooler's social competence. Paper presentation presented at the National Council of Family Relations Annual Conference, San Antonio, TX.

Adler-Baeder, F., Garneau, C., Ketring, S., Smith, T., Skuban, E., **McGill, J.**, Harcourt, K.T. (November, 2013). Treatment effects of couple relationship education for diverse participants. Paper presentation presented at the National Council of Family Relations Annual Conference, San Antonio, TX.

Adler-Baeder, F., Jackel, R., Landers, A., Parham, R., **McGill, J.**, Harcourt, K.T., Garneau, C. (February, 2013). The Alabama Healthy Marriage and Relationship Education Initiative: 10 years of strengthening families. Presentation at Outreach Scholarship Symposium: Advancing Transformative Engagement, Auburn University, Auburn, AL.

McGill, J., & Adler-Baeder, F. (February, 2013). Roundtable Presentation: Integrating mindfulness in relationship education for premarital and married couples. Paper presented at the annual meeting of Quint State, Auburn University, Auburn, AL.

Morrison, S., Harcourt, K., Garneau, C., **McGill, J.**, Adler-Baeder, F., Ketring, S., & Smith, T. (February, 2013). *The Influence of Parental Status on Relationship Education Effectiveness*. Poster session presented at Annual Conference of the Southeastern Council of Family Relations, Birmingham, AL.

McGill, J., & Adler-Baeder, F. (October 2012). The young women leaders' program: Exploring processes and outcomes associated with young adult female mentors' experience. 2012 Mentoring Conference. The Mentoring Institute. Albuquerque, NM.

McGill, J., Parham, R., Harcourt, K. T., Skuban, E., Adler-Baeder, F., Ketring, S., Smith, T. (March 2012). Individual empowerment and risk-taking behaviors in emerging adults. Southeastern Conference on Family Relations Annual Conference. Chattanooga, TN.

Staranko, S., **McLane, J.**, Skuban, E., Adler-Baeder, F., Ketring, S., Lucier-Greer, M., Bradford, A., Smith, T. (March 2011). The implications of marriage life role salience on attitudes towards counseling in youth. Southeastern Conference on Family Relations Annual Conference. Birmingham, AL.

Requested Presentation:

McGill, J. & Ketring, S. (March, 2017). The explosion of mindfulness research and its application to healthy relationships. Quint State Annual Conference

McGill, J. (February, 2016). Couples Connecting Mindfully: A review of a new couple and relationship education program. The Wisconsin Council on Family Relations Annual Conference.

McGill, J. (October, 2015). Mindfulness and its influence on relationship functioning. Alabama Cooperative Extension System, Family and Child Development annual meeting.

McGill, J. (June, 2014). Physiology and stress: How a caregiver's reactivity affects children. Focus on Family Child Care Conference.

Teaching:

Instructor, Parent Education, Spring 2015/Summer 2014

Guest lecture, Professional Development and Ethics, How to Become a Certified Family Life Educator, Spring 2014/Summer 2014/Fall 2014/Spring 2015

Guest lecture, Parent Education: Theoretical Perspectives, Summer 2013

Guest lecture, Parent Education: Parenting Perspectives, Summer 2013

Guest lecture, Patterns of Family Interaction: Remarriage and Family Structure, Summer 2013

Guest lecture, Adolescent Development: Developing Leadership in Youth, Fall 2012

Guest lecture, Family and Social Policy: Healthy Marriage Initiative: Policy and Programming, Fall 2012

Professional Experience:

Fall '10- present Graduate Research Assistant, Alabama Healthy Marriage and Relationship Education Initiative, Department of Human Development and Family Studies, Auburn University

Facilitate RME; federal reporting; collect data; manage databases; develop surveys; trained in SPSS, MPlus, and Author/Interviewer software; participant recruitment; developing and modifying curricula; supporting, guiding, and collaborating with graduate and undergraduate students

Spring '11-Fall '11 Graduate Facilitator, Young Women Leader's Program, Women's Resource Center, Auburn University

Support undergraduate mentors; coordinate activities for mentors and mentees; collect qualitative data from mentors; facilitate group meetings; participate

Mentor, Graduate School Mentoring Program, Department of Human Development and Family Studies, Auburn University

Supported undergraduates' graduate school aspirations; guided school searches and application development for undergraduate students

Fall '10- Spring '11 Graduate Co-Chair, Women's Leadership Conference, Women's Resource Center, Auburn University

Organized event, speakers, and process for conference; Facilitated speakers' presentations; Spoke at and directed break-out sessions, panels, and keynote speaker presentations

Graduate Facilitator, Young Women Leader's Program, Women's Resource Center, Auburn University

Facilitate curriculum in high school; develop mentor syllabus; facilitate group meetings; co-lead mentor training

Spring 2010

Intern, Alabama Community Healthy Marriage Initiative, Department of Human Development and Family Studies, Auburn University

Observed 35 pre-school children; performed Bronson and California q-sorts on each student; advised the Teen Advisory Board, a group of teens promoting healthy relationships; "Let's Get Real: Healthy Teens, Healthy Families, Responsible Fatherhood Regional Summit" Committee Member; Processed and entered youth and adult data; participated in Bridging the Great Divide and Relationships Smarts teacher training

Mentor, Young Women Leader's Program, Women's Resource Center, Auburn University

Mentored one young at-risk girl; participated in mentoring classes that addressed adolescent development and risk-taking behaviors; participated in and facilitated classes for mentees; organized activities for the mentees to participate in

Fall 2009

Undergraduate Research Assistant, Alabama Community Healthy Marriage Initiative, Department of Human Development and Family Studies, Auburn University

Trained in the method of q-sorting; observed 20 pre-school students; performed Bronson and California q-sorts on each student; trained in SPSS statistical software

Spring 2009

Undergraduate Research Assistant, Healthy Couples, Healthy Children, Targeting Youth Project, Department of Human Development and Family Studies, Auburn University

Trained in data-entry and data-checking; prepared materials and logistics for teacher training; contacted participating schools to coordinate paperwork and needs

Service:

Student / New Professional Representative, CFLE Advisory Board, present – 2020

Reviewer, *Mindfulness*, 2017

Reviewer, *Journal of Marital and Family Therapy*, 2017

Presenter, Certified Family Life Educator Presentation, HDFS 2030 Professional Development and Ethics, 2014-2017

Peer Reviewer, 2014-2017 NCFR Conference

Grant Review Committee, Alabama Office of School Readiness, 2015

Graduate Student Representative, HDFS Department Review Panel

Ad Hoc Reviewer, *Journal of Couple and Relationship Therapy*, 2013

Grant Review Committee, Serve Alabama, 2013

Peer Reviewer, 2013 Quint State Conference

Peer Reviewer, 2012 Mentoring Conference: Facilitating Developmental Relationships for Success

Professional Affiliation:

National Council on Family Relations

American Psychological Association

Professional Development Seminars:

Mindfulness Training for Professionals

(October 4th-7th 2016)

Presented by Duke Integrative Medicine and Dr. Jeff Brantley

Stepfamily Clinical Training

(January 23rd-24th 2016)

Presented by National Stepfamily Resource Center and Dr. Scott Browning

Missing Values, SEM, & Growth Curves Using Stata Webinar

(September 18-October 9)

Presented by National Council on Family Relations and Dr. Alan Acock

Advanced Training Institute Exploratory Data Mining in Behavioral Research

(June 3rd-June 7th 2013)

Presented by American Psychological Association and Dr. John McArdle

Adolescent Brain Development Seminar

(November 8th 2011)

Presented by Karen Williams

Grant Writing Brown Bag Seminar

(October 14th 2011)

Presented by Dr. Catherine Wernette

Research Interests:

Program Implementation and Evaluation

Relationship Education

Mindfulness

Family Stress