

JOSEPH S. BRUNO AUBURN ABROAD IN ITALY PACKING LIST SUGGESTIONS

THINGS TO BRING			
ITEM	FALL	SPRING	SUMMER
Extra copies of your passport, prescriptions, and other important document	x	x	x
Prescription medications in their own bottles, with your name, doctor's name, and generic name	x	x	x
Glasses (with copy of prescription); contact lenses and supplies	x	x	x
Travel sickness pills	x	x	x
Anti-diarrheal	x	x	x
Pepto Bismol	x	x	x
Z Pack	x	x	x
Benadryl	x	x	x
Ibuprophen or acetaminophen	x	x	x
Hand sanitizer	x	x	x
Soap	x	x	x
Sunscreen	x	x	x
Charmin To-Go	x	x	x
Insect repellent/mosquito spray	x	x	x
Toiletries (specific to each individual; you can get almost anything you want here)	x	x	x
Travel sized toiletries (for weekend travel, particularly by plane)	x	x	x
Washclothes or puff	x	x	x
Laundry bag	x	x	x
1 Gift (see syllabus)	x	x	x
Gloves, scarf, hat	x	x	
Warm winter jacket/coat (or with lining that can be warm-light weight)	x	x	
Medium weight jacket/coat	x	x	
Light weight jacket/coat	x	x	x
Rain repellent jacket/coat or poncho	x	x	x
Clothes you can layer (you can expect variable weather during all seasons)	x	x	x
Umbrella	x	x	x
2 weeks underwear/socks (min.); thick socks in Spring	x	x	x
1 pair of flip flops or comfortable sandals	x	x	x
1 pair of comfortable shoes you can wear to dress up (not spiked heels!!)	x	x	x
Running/walking/tennis shoes (COMFORTABLE!!!)	x	x	x
Sweatshirts/hoodies (even in summer for air conditioned bus)	x	x	x
Jeans (3-4 pairs; preferably not too stretchy)	x	x	x
Sweatsuits (pants and top)	x	x	

Skirts (fewer in Fall)	X		X
Capris (fewer in Fall)	X		X
Pants (other than jeans that can be dressed up or down)	X	X	X
Dresses (only 1-2 in Fall and Spring)	X	X	X
Sundresses			X
A small blanket or coverlet	X	X	XX
Beach towel (optional - you can buy one over here)			X
Bathing suit (summer only unless you plan to go to a sunny location during break)			X
1 Dressy outfit (or other items that can be dressed up or down)	X	X	X
Tops that can be dressed up or down and layered (sleeves or sleeveless depending on the season)	X	X	X
2 casual-professional outfits (or other items that can be adapted)	X	X	X
Pajamas	X	X	X
Lounging clothes	X	X	X
Books/Travel Guides (everybody bring something different so you can share)	X	X	X
Map of Rome	X	X	X
DVDs/Movies (optional)	X	X	X
I-Pod with earplugs and charger	X	X	X
Computer with word processing program and Skype downloaded	X	X	X
Converter	X	X	X
Digital camera with charger, batteries, large memory card, and download cable	X	X	X
Peanut butter	X	X	X
Other food you can't live without (oatmeal, Crystal Light, granola bars, popcorn, mac&cheese, hot chocolate, brownie mix)	X	X	X
1-2 purses (max.) - Kavu over-the-shoulder-type purse suggested by past students	X	X	X
Ziplock bags	X	X	X
	X	X	X
Playing cards (optional)	X	X	X
Journal (optional)	X	X	X
Water bottle (Nalgene type - optional)	X	X	X
Small rolling carry-on suitcase or backpack for weekend trips	X	X	X
Day bag/small backpack (for daytrips)	X	X	X
Febreze, Wrinkle-Release, Spray n' Wash, bleach stick, mini detergent packs (optional) - also can be purchased in Italy	X	X	X
Travel pillow (optional)	X	X	X
Hairdryer (adaptable to 220 voltage) - Hair straighteners from US do not work in Italy!!!!!!	X	X	X
Adapters (more than 1)	X	X	X
Webcam (for Skype - optional)	X	X	X
Microphone (for Skype)	X	X	X

Extra hangers, particularly with clips for skirts and pants	x	x	x
Space bags (optional)	x	x	x
REMEMBER: Layering is the way to go; the weather is unpredictable in April-May-June and September-October.	Happy Traveling!		
Nearly everyone who has been on this trip has recommended bringing FEWER dressy shoes and clothing.			
Ryanair and other low cost airlines charge extra for checked luggage. Bring a carry-on bag and avoid the fees.			